Tips for

DINING ON CAMPUS

Select a Meal Plan

Browse your options at **gbcmetz.com**

- Residential students, choose a plan that fits your needs:
  - Do you enjoy waking up for breakfast?
  - Will you be around on the weekends and want to eat on-campus?
  - Do you like an occasional coffee, bottled beverage, or snack from the **Lightning Market?**
- Commuter students benefit from having a meal plan in many ways:
  - Swipe and dine access at all dining locations on campus.
  - Pay for your meal plan with financial aid.
  - No need to worry about food prep or meal planning.
  - Not having to find a parking spot because you left campus to eat.

Explore Your Options

From the main dining hall to our retail outlet, get to know our locations:

- Take advantage of meal exchange by using a meal swipe for a combo meal at **Lightning Market** during select hours.
- Use your **Flex Dollars** to buy non-meal exchange menu items like snacks, We Proudly Serve Starbucks® handcrafted hot and cold beverages, Chef Fresh™ grab-and-go items, and other quick bites. One Flex Dollar equals $1.

Other Information

- View our weekly menus at **gbcmetz.com/dining** or scan the QR Code in our dining locations. Use the filter feature for allergens and special dietary requirements.
- Meal swipes start over again at 11:59 PM on Saturday and do not roll over from semester to semester.
- Flex Dollars roll over from fall to spring but expire at the end of the academic year.

Questions? Email ma4053@metzcorp.com

Goldey-Beacom COLLEGE